Teresa is Executive Director of United Cerebral Palsy of Northwest Missouri. She attended Avila University where she received her degree in Special Education. Prior to working for UCP Teresa was a Special Education Teacher. While in college she worked in the first group home in Kansas City, Kansas and was also was a camp counselor for children and adults with disabilities in Iowa.

Teresa started at UCP in 1987as the Director of the Children's Program and then became the Executive Director in 2000. During this time UCP has expanded their Employment Services, integrated the Preschool Program, developed increased services for adults and has had multiple building expansion projects.